

Oculus Quest 1

- [Specs & Basic Capabilities](#)

Specs & Basic Capabilities

Controllers: Oculus Touch Controllers (2)

Tethered?: Optional

Lighthouses?: No

Tracking: Inside-Out, 6DOF

Display panel: Dual OLED 1600x1440

Resolution (per eye): 1440 × 1600

Refresh rate: 72 Hz

Audio: Integrated positional audio

Storage: 64GB

Processor: Qualcomm Snapdragon 835 system-on-chip

Usage modes: Seated, standing, and room scale

<https://developer.oculus.com/resources/oculus-device-specs/>