

# Oculus Quest 1

- [Specs & Basic Capabilities](#)

# Specs & Basic Capabilities

**Controllers:** Oculus Touch Controllers (2)

**Tethered?:** Optional

**Lighthouses?:** No

**Tracking:** Inside-Out, 6DOF

**Display panel:** Dual OLED 1600x1440

**Resolution (per eye):** 1440 × 1600

**Refresh rate:** 72 Hz

**Audio:** Integrated positional audio

**Storage:** 64GB

**Processor:** Qualcomm Snapdragon 835 system-on-chip

**Usage modes:** Seated, standing, and room scale

<https://developer.oculus.com/resources/oculus-device-specs/>