Oculus Quest 2

- Specs & Basic Capabilities

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Controllers: Oculus Touch Controllers (2)

Tethered?: Optional

Lighthouses?: No

Tracking: Inside-Out, 6DOF

Display panel: Fast-switch LCD

Resolution (per eye): 1832 x 1920

Refresh rate: 60, 72, 90 Hz supported

Audio: Integrated positional audio

Storage: 128GB

Processor: Qualcomm® Snapdragon™ XR2 Platform

Usage modes: Seated, standing, and room scale

https://developer.oculus.com/resources/oculus-device-specs/